



UNIVERSITÀ POPOLARE  
CHAN TAIJI UNION

太極禪人民大學聯盟

presents: teachers training meetings

## "Water Taijiquan"

**Sport Village, via San Donato 148 – Bologna (ITALY)**

**Schedule 2023: 24/9 - 29/10 - 26/11 - 17/12**

**from 9,30 am to 5,00 pm**

Training meetings for the CTU technicians, of the school of M° Wang Zhixiang and that complete the 2023 season continue.



Training meetings are conducted by the M° Isidoro Li Pira, CTU Technical Chief Instructor for Europe are valid to get ASI -Confassolistica technical award.

Open to all interested students, the courses are also structured for updating teachers with previous certificates.

**Topics of the next meetings:**

The eight cardinal principles of the water system and their references to the classics; integration at the internal skill of Neigong and the solo practice; Chuan Jia (deepening for the 1st shape and study of the 2nd; on different levels), Tuishou (the 20 forces), Sanshou (development of instinctive application)

Informations and subscriptions:

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